



2025 Boys Indoor Tournament Rules

General Information

- Games are 26 minutes with a running clock.
- Guaranteed minimum of 3 games each team.
- 7 field players plus a goalie (2 - 3 - 2 plus a goalie)
- Up to 3 long poles allowed on the field at a time
- Standard **NFHS Rules** in regards to flag down mechanics (Slow Whistle until: Goal, Offensive Penalty, Ball out of bounds, Defensive Possession Change, Injury, Equipment Issue or a Second Defensive Penalty is committed).

Game Rules

- Game will start with a faceoff.
- After a goal is scored, the goalie will clear the ball and play is live. (NOT A FREE CLEAR)
- **Penalties will be served at regular time. (30 seconds = 30 seconds) NO time and a half.**
- Game counts – crease 4 seconds.
- Over and back will be enforced.
- A team is offside if they have more than 5 players in their offensive half or they have more than 6 field players in their defensive half.
- Long poles are allowed.
- In a bracket play game, if there is a tie at the end of regulation play, there will be 4-minute “sudden victory” overtime periods with 1-minute breaks in between. There will be a faceoff and first team to score wins.
- All teams receive (1) 30-second timeout per game, and it cannot be used in the final 2 minutes of any pool play game. If a team’s timeout is used during regulation you do **NOT** get another one if you enter overtime.
- All other US Lacrosse rules will still apply.

Scoring Rules

- Scoring guidelines for the tournament are:
 - Points will be awarded as: 3 points win, 1 point tie, 0 points loss, and -1 point forfeit.
 - Flights with ties in points will be determined by the following tie-break rules applied in ascending order:
 1. Head to Head Play (if tied teams have all played each other).
 2. Most Wins (WIN).
 3. Fewest goals allowed (GA).
 4. Point difference during pool play games (max of +7, -7 points per game). **A win by forfeit receives +7 (AGD).
 5. Coin Toss.
- Multiple Team Tie:
 - In the event of a 3-way tie for seeding, the process starts with step 2 and once one team is selected to advance from the tiebreaker process, then the tiebreaker process begins again, with step 1, for the remaining 2 teams.

Age Eligibility

- See website for age guidelines and restrictions.